## **Drinking Expectancy Questionnaire (DEQ)**

BRIEF DESCRIPTION	The DEQ is a 6-factor, 43-item measure of alcohol expectancies which has been revised using both community and clinical populations. Five factors relate to specific alcohol expectancies of assertion, affective change, sexual enhancement, cognitive change, and tension reduction. A sixth factor, dependence, is more general and relates to perceived level of alcohol involvement.
TARGET POPULATION	⊠ Adults
	Adolescents
	Groups for which this instrument might be especially helpful?
	Community drinkers, problem drinkers, and hospitalized drinkers
ADMINISTRATIVE ISSUES	Number of items: 43
	Number of subscales: 6
	Format(s): 🗵 Pencil-and-paper self-administered
	☐ Interview
	☐ Observation
	☐ Computer self-administered
	Other
	Time required for administration: 15 minutes
	Administered by: Self
	Training required for administration? $\square$ yes $\boxtimes$ no
SCORING	Time required to score/interpret: 15 to 20 minutes
	Scored by: Can be self-scoring
	Computerized scoring or interpretation available? $\square$ yes $\boxtimes$ no
	Norms available? ⊠ yes □ no
	Instrument normed on subgroups? $oximes$ yes $oximes$ no
	Which groups? Adult clinical patients, adult community drinkers, and university students
	Comments: Current percentiles and t-scores based on a sample of
	570 students and community drinkers. Bigger samples
	including problem drinkers are in preparation.

PSYCHOMETRICS	Have reliability studies been done? $\boxtimes$ yes $\square$ no
	What measure(s) of reliability was used?
	⊠ Test-retest
	☐ Split half
	⊠ Internal consistency
	Have validity studies been done? ⊠ yes □ no
	What measures of validity have been derived?
	⊠ Content
	⊠ Criterion (predictive, concurrent, "postdictive")
	⊠ Construct
CLINICAL UTILITY OF INSTRUMENT	The DEQ can discriminate between problem drinkers and can be used to follow progress in therapy. It can also be used to plan treatment.
RESEARCH APPLICABILITY	The DEQ has been widely used in research for understanding and treatment of alcohol problems.
SOURCE, COST AND COPYRIGHT ISSUES	Copyright: ⊠ yes □ no From Journal of Psychopathology and Behavioral Assessment
	Cost: None
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SOURCE REFERENCES	Young, R.S. & Oei, T.P. (1996). <i>Drinking Expectancy Profile: A Test Manual</i> . Brisbane, Australia: BRTC, University of Queensland.
	Young, R. McD., Oei, T.P.S. & Crook, C.M. (1991). Development of a Drinking Self Efficacy Scale. <i>Journal of Psychopathology and Behavioral Assessment, 13(1), 1-15.</i>
	Young, R. McD. & Knight, R.G. (1989). The Drinking Expectancy Questionnaire: A revised measure of alcohol related beliefs. <i>Journal of Psychopathology and Behavioral Assessment</i> , 11, 99-112.

## SUPPORTING REFERENCES

Oei, T.P.S. & Burrow, T. (2000). Alcohol expectancy and drinking refusal self-efficacy: Test of specificity theory. *Addictive Behaviors: An International Journal*, *25*(4), 499-507.

Lee, N.K., Oei, T.P.S. & Greeley, J.D. (1999). Interaction of alcohol expectancies and drinking refusal self-efficacy in high and low risk drinkers. *Addiction Research*, 7(2), 91-102.

Oei, T.P.S., Fergusson, S. & Lee, N.K. (1998). The differential role of alcohol expectancies and drinking refusal self-efficacy in problem and nonproblem drinkers. *Journal of Studies on Alcohol*, 59(6), 704-711.

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